

Absent? Let us know.(https://www.cmsk12.org/families/attendance/absent)

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UPCOMING EVENTS

Lunch and Learn-Virtual Series

NOV
5
2026

Career & College Promise and Post Secondary Attainment

12:00 PM - 1:00 PM

https://bit.ly/CMSFamilyAcademy (https://bit.ly/CMSFamilyAcademy)

Read More

Contact Us

On The Go! In-Person Series

JAN
14
2027

Family Academy on the GO! Repack for Success

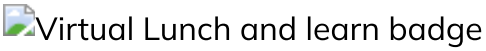
6:00 PM - 8:00 PM

Thomasboro Academy, 538 Bradford Dr, Charlotte, NC 28208, USA

Read More

Family Academy Lunch & Learn! Virtual Series

+ What is Family Academy Lunch and Learn?



Family Academy Lunch and Learn brings workshops and resources to the CMS community and Families virtually! Each session covers key topics such as Academic Success, Navigating CMS, Health and Wellness, Financial Awareness, Life & Leadership Skills and Technology & Cyber Safety.

All families are welcome to join virtually, connect with CMS departments, ask questions, and leave with practical information to use right away.

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+ How to Join a Lunch & Learn Session?

For all virtual Lunch and Learns, families can log in using the url **bit.ly/CMSFamilyAcademy (https://bit.ly/CMSFamilyAcademy)** each week. When prompted, enter your name so we know you're joining us!

Check out our upcoming sessions below!

Contact Us

+ Missed a session?



Young boy smiling proudly hugging his large 3d artwork

Family academy photo of family son in middle holding an image and mom on right and left

Young girl and friend paying attention to something being presented at the Family Academy

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Contact Us

Check out Family Academy On Demond for all recorded sessions!

Family Academy On Demand (/fs/pages/31443)

+ Language Support Available

Language text bubble

Closed caption translation is available during the session to support families who speak languages other than English. Select the cc (closed caption) button in the top right hand corner, select show live captions, and auto translations should be visible.

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LUNCH & LEARN ARE VIRTUAL FROM 12 – 1 PM



Academic Success



Navigating CMS



Health and Wellness



Financial Awareness



Life and Leadership Skills



Technology and Cyber Safety

Contact Us

September Lunch & Learns

9/3 The Learner Profile and Student Success & CTE 9/10 A Smarter Start

9/17 Helping Your Multilingual Learner Thrive: Understanding the MMT

9/24 From Sounds to Stories: Monitoring Early Literacy Growth with DIBELS

The Learner Profile and Student Success & CTE

September 3, 2026, 12-1 p.m.
Join us at bit.ly/CMSFamilyAcademy (http://bit.ly/CMSFamilyAcademy)

Explore CMS's Learner Profile tool, Naviance, and learn how it helps align students' strengths, interests, and goals with postsecondary pathways. This session will highlight how intentional planning and personalized insights can improve student outcomes and meaningfully connect learning to life.

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October Lunch & Learns

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10/1 Supporting Students with Disabilities

10/8 CMS School Choice Lottery Explained 10/22 Mapping the Move

10/27: Central Piedmont: How to Pay for College Without Debt

10/29 Accessing and Understanding CMS Report Cards with Infinite Campus

Supporting Students with Disabilities: An Overview of the EC and 504 Process

October 1, 2026, 12-1 p.m.
Join us at bit.ly/CMSFamilyAcademy (http://bit.ly/CMSFamilyAcademy)

A joint session with EC and 504 that discusses the differences and similarities of the two programs. Content will focus on meeting the needs of students with disabilities.

November Lunch & Learns

11/5 Career & College Promise and Post Secondary Attainment

11/6 Making ParentSquare Work For You

11/12: Close Reading Literacy Strategies at Home

11/17: Meaningful Medicine in CMS 11/19 Welcome to the Library

Career & College Promise and Post Secondary Attainment

November 5, 2026, 12-1 p.m.
Join us at bit.ly/CMSFamilyAcademy (http://bit.ly/CMSFamilyAcademy)

In addition to an overview of the structure and student experience in high school math, resources will be shared to support your student at home with Math 1 – 3. Caregivers will leave feeling confident that we are all math people!

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December Lunch & Learns

12/1 Elevating the Student Experience

12/3: High School: Enrollment, Enlistment, or Employment

12/8: From Power Struggles to Partnership: Effective Approach to Parenting Teens

12/10 Supporting Grade Span Transitions

Contact Us

Elevating the Student Experience

December 1, 2026, 9-10 a.m.
Join us at bit.ly/CMSFamilyAcademy (http://bit.ly/CMSFamilyAcademy)

Technology can be an important tool for learning, but it should be used intentionally and balanced with other important learning experiences. CMS is considering two approaches to accomplish this goal. Join us to learn more and share your feedback as we move forward together.

March Lunch & Learns

3/11 The Power of Showing Up: Sustaining habits & Preparing for the Next Year

3/18 Understanding Twice Exceptional Learners: Supporting Strengths and Needs

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The Power of Showing Up: Sustaining habits & Preparing for the Next Year

March 11, 2027, 12-1 p.m.
Join us at bit.ly/CMSFamilyAcademy (http://bit.ly/CMSFamilyAcademy)

The end of the school year can bring distractions, fatigue and increased absences. This session will emphasize the importance of finishing strong while celebrating progress. Parents will be provided with resources to maintain routines, keep students engaged and prepare for a smooth transition into the next school year.

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August Lunch & Learns

8/4 Get Connected with CMS 8/6 Get in the Game with CMS

8/11 Coffee Chat: Get Connected with CMS

8/13 Coffee Chat: Get In the Game with CMS 8/17 Get Connected with CMS

8/18 Coffee Chat: Free Resources Your Student Can Use at Home

8/18 Get in the Game with CMS

8/19 Every Day Counts: Building Strong Attendance & McKinney-Vento Supports

8/19 Coffee Chat: Leveling Up: The Parent & Student Guide to Honors Courses (Grades 8-12)

8/20 College and Career Planning with CFNC

8/21 The Power of School Health: Supporting Mental Health and Student Success from Day One

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Get Connected with CMS

August 4, 2026

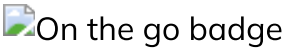
Join us for an informative session designed to help families navigate the Infinite Campus Parent Portal and stay connected with their child's education. You will learn how to access the portal to easily monitor real-time updates on student grades, attendance records, test scores, and more.

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On The Go! In- Person Series

+ What is Family Academy On the GO?



Family Academy On the GO! brings workshops and resources directly into the community to support student success and well-being. Each session covers key topics such as Academic Success, Navigating CMS, Health and Wellness, Financial Awareness, Life and Leadership Skills and Technology and Cyber Safety.

All families are welcome to join, connect with CMS departments, ask questions, and leave with practical information to use right away.

Contact Us

+ Translation Support



Translation support is available at all sessions to ensure accessibility for all families.

+ Additional Details



Light refreshments will be provided. There will be giveaways and participation incentives at each session.

COFFEE CHATS WITH COMMUNITY (9-10 AM)

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Academic Success

Navigating CMS

Health and Wellness

Financial Awareness

Life and Leadership Skills

Technology and Cyber Safety

Contact Us

Teen Health Connection: The Calm Advantage: How Parents Can Stay Regulated When Teens Can't

October 13, 2026 | 9:00 - 10:00 am

October 13, 2026

Join us at bit.ly/CMSFamilyAcademy (http://bit.ly/CMSFamilyAcademy)

Learn what happens in the brain during stressful moments and why both teens and adults can struggle to stay calm. This session gives parents simple, practical tools to manage their own reactions, reduce conflict, and model emotional regulation in a way that strengthens connection with their teen.

CPCC: How to Pay for College Without Debt

October 27, 2026 | 9:00 am- 10:00am

October 27, 2026

Join us at bit.ly/CMSFamilyAcademy (http://bit.ly/CMSFamilyAcademy)

Paying for college doesn't have to mean taking on overwhelming debt. In this session, families will learn practical strategies to reduce costs—including scholarships, financial aid and ways to earn college credit while still in high school. Discover how starting smart can make college more affordable and keep your student on track for long-term success.

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Teen Health Connection: From Power Struggles to Partnership: A More Effective Approach to Parenting Teens

December 8, 2026 | 9:00 am - 10:00 am

December 8, 2026
Join us at bit.ly/CMSFamilyAcademy (http://bit.ly/CMSFamilyAcademy)

Explore how different parenting styles show up during the teen years and how they impact behavior and relationships. Parents will learn how to move toward a more balanced, collaborative approach that sets clear expectations while also building trust and cooperation.

Contact Us

CPCC: What Parents Need to Know About Dual Enrollment (That No One Tells You)

January 12, 2027 | 9:00 am - 10:00 am

January 12, 2027
Join us at bit.ly/CMSFamilyAcademy (http://bit.ly/CMSFamilyAcademy)

Dual enrollment can be a powerful way for students to get ahead—but many families don't fully understand how it works. This session breaks down the benefits, expectations, and important details parents need to support their student's success. Walk away with clear guidance on how to take advantage of this opportunity and avoid common pitfalls.

Teen Health Connection: The Influence Blueprint: Why Control Backfires and What Works Instead

February 9, 2027 | 9:00 am - 10:00 am

February 9, 2027
Join us at bit.ly/CMSFamilyAcademy (http://bit.ly/CMSFamilyAcademy)

This session helps parents understand why control-based approaches often lead to resistance and disconnection. Participants will learn how to build influence through connection, consistency, and clear communication so they can reduce resistance and increase cooperation from their teen.

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Teen Health Connection: Freedom With a Framework: Teaching Responsibility Without Constant Policing

April 13, 2027 | 9:00 am - 10:00 am

April 13, 2027

Join us at bit.ly/CMSFamilyAcademy (http://bit.ly/CMSFamilyAcademy)

As teens grow, they need more independence, but also guidance. This session helps parents balance freedom with accountability so teens can build responsibility, make better choices, and gain confidence while parents maintain clear and appropriate boundaries.



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Embracing Excellence: Engage, Empower, Elevate

FAMILY AND COMMUNITY ENGAGEMENT

Contact Us

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Charlotte, NC 28217

Email: familyengagement@cms.k12.nc.us (mailto:familyengagement@cms.k12.nc.us)

Web: cmsk12.org/FamilyCommunityEngagement (https://cmsk12.org/FamilyCommunityEngagement)

CMS Family & Community Engagement (https://www.facebook.com/CMScpfe/)

FAMILY ACADEMY

Absent? Let us know.(https://www.cmsk12.org/families/attendance/absent)